

Curriculum Vitae

Angela K Sehgal

March 07, 2013

General Information

University address: Nutrition, Food and Exercise Sciences
College of Human Sciences
1104 Spirit Way
Florida State University
Tallahassee, Florida 32306-1493
Phone: (850) 644-1899; Fax: (850) 645-5000

E-mail address: asehgal@fsu.edu

Professional Preparation

- 2002 Ed.D., Florida State University. Major: Educational Leadership and Policy Studies.
- 1990 M.S., Florida State University. Major: Physical Education, Athletic Administration.
- 1988 B.A., Anderson University. Major: Athletic Training and Physical Education.

Professional Credential(s)

- 1999–present National Athletic Trainers' Association- Clinical Instructor Educator.
- 1995–present State of Florida Licensed Athletic Trainer.
- 1990–present American Red Cross- Instructor Trainer-Professional Rescuer, AED, Standard First Aid.
- 1988–present National Athletic Trainers' Association Board of Certification.

Professional Experience

- 2011–present Associate Director, Institute of Sports Sciences and Medicine (ISSM), Florida State University. Coordination of all aspects of the new ISSM which serves as a multidisciplinary, developmental center, providing research and educational programs in sports sciences, sports medicine, athletic/human performance,

and injury prevention to the medical and scientific community and the general public.

- 2007–present Chair, State of Florida Board of Athletic Training.
- 2003–present Director, Pre-Health Professions Living Learning Community-Reynolds Hall, Florida State University. Assignment includes developing, implementing and maintaining all aspect of the program including coordination with department chairpersons and faculty from Nutrition, Food and Exercise Sciences, Textiles and Consumer Sciences, and Family and Child Sciences. In addition to academic coordination, responsibilities include colloquium programming, chair of the Living Learning Community-Reynolds Hall committee, and member of the campus-wide Living Learning Communities.
- 2001–present Research Associate, Nutrition, Food and Exercise Sciences, Florida State University.
- 2001–present Program Director, Athletic Training Education, Florida State University. Assignment includes course instruction in athletic training and therapeutic modalities, undergraduate student advising, athletic training student in-service programming, and public relations regarding athletic training/sports medicine. Liaison for off-campus allied and affiliate health clinical education for student athletic trainers. As an Approved Clinical Instructor Educator (CIE), responsible for the development and implementation of all clinical instructor workshops. Through the American Red Cross, instructor trainer for Professional Rescuer, Automated External Defibrillation, and Standard First Aid certification.
- 2005–2008 Recreation Board Member, Florida State University.
- 2005–2007 Board Member, National Chapter, CPR, FA, AED, Sports Safety, American Red Cross.
- 2005–2007 Council for Teacher Education, College of Education, Florida State University.
- 2004–2007 Committee Member, Florida State University.
- 2004–2007 Panel Member, National Chapter of the American Red Cross.
- 2004–2006 Board of Athletic Training Member, Florida State University.
- 1991–2001 Assistant Athletic Trainer, Florida State University. Responsibilities included the prevention, treatment, and rehabilitation of athletic injuries for all female athletes. This included working with team physicians as well as other medical specialists in the community. Specific clinical duties included the medical

care of the women's soccer and basketball teams. Primary administrative duties included the development and implementation of the athletic insurance program, assistance with the drug testing program, and medical provider account development. As of 2001, the athletic insurance program saved the university approximately \$2,000,000 over eight years.

- 1991–2001 Certified Athletic Trainer, Tallahassee Orthopedic Clinic. Provided medical coverage for local high school football players and served as a liaison between team physicians and head coaches.
- 1996 Staff Certified Athletic Trainer, Florida State University. 1996 National Collegiate Athletic Association Women's Tennis Championships. Provided medical coverage for the nation's elite women's tennis players.
- 1991 Certified Athletic Trainer, National Junior Olympics. Provided medical coverage for all athletes and assisted with medical coordination of staff and supplies.
- 1990–1991 Physical Education Teacher, Head Athletic Trainer, Thomas Edison High School. Taught freshmen/sophomore physical education activity classes, and a basic athletic training course. Established an athletic training student program, while providing medical care for fourteen girl's and boy's sports.
- 1988–1990 Graduate Assistant Athletic Trainer, Florida State University. Responsibilities included the prevention, treatment, and rehabilitation of athletic injuries for all female athletes. This included working with team physicians as well as other medical specialists in the community. Specific clinical duties included the medical care of the women's volleyball and track teams.
- 1984–1988 Women's Basketball Team Member, Anderson University. Team member for four years and named tri-captain senior season.
- 1987 Athletic training student, International Special Olympics.
- 1987 Drug Testing Escort, Pan American Games.

Honors, Awards, and Prizes

Nominee for the FSU Undergraduate Teaching Award, Florida State University (2007).
President's Award, Athletic Trainers' Association of Florida (2006).
Hugh Stickler Award, FSU College of Education (2000).
Nominee for the FSU Seminole Leadership Award, Florida State University Seminole Leadership (1999).
Member of Basketball Team 1984-1988, Anderson University (1988).
Educational Honor Society, Kappa Delta Pi (1987).

Athletic/Academic Achievement Award, United States Army (1984).

Current Membership in Professional Organizations

Athletic Trainers' Association of Florida
National Athletic Trainers' Association
Southeastern Athletic Trainers' Association
State of Florida Board of Athletic Training- Appointed Member, Chair

Teaching

Courses Taught

Athletic Training Research Fall (HUN4905)
Living Learning Community Colloquium (PET3940r)
Living-Learning Center Colloquium (PET1081)
Sports Medicine Practicum (ATR3942)
Sports Medicine Practicum (PET3940r)
First Aid (HSC2400)
First Aid (ATR2020)
Introduction to Clinical Athletic Training (PET1638)
Introduction to Clinical Athletic Training (ATR1800)
Sports Sciences Graduate Practicum II (PET6931)
Sports Sciences Practicum (PET5945)
Therapeutic Modalities (ATR4302)
Therapeutic Modalities (PET4632)
Advanced Topics (PET6931)
Athletic Training Capstone Clinical (PET4946)
Athletic Training Clinical III (PET3943)
Special Topics in Wellness and Exercise Science (PET3932)
Athletic Training I (PET3621)
Athletic Training I (ATR3102)
Care and Prevention of Injuries (PET2622C)
Introduction to Exercise Sciences (PET3102)
Personal Fitness and Wellness (PET2084)
CAAHEP Accreditation Study (HUN4905)

Master's Committee Cochair

Schaefer, D. A., student.

Master's Committee Member

Forehand, C. M., student.
Ilten, T. S., student.
Spadavecchia, M. L., student.
Hutchison, S. W., student. (2012).

Research and Original Creative Work

Publications

Edited Books

Sehgal, A., & Ortloff, K. (Eds.). (2005). *"Where It Hurts and Why"*. New Jersey, Basic Health Publisher.

Presentations

Invited Presentations at Conferences

Sehgal, A. K. (presented 2011, April). *2011 Legislative and Judicial Update-Board of Athletic Training*. Presentation at the annual meeting, Athletic Trainers' Association of Florida. (State)

Sehgal, A. K. (presented 2010, April). *2010 Legislative and Judicial Update-Board of Athletic Training*. Presentation at the annual meeting, Athletic Trainers' Association of Florida, Orlando, Florida. (State)

Sehgal, A. K. (presented 2009, April). *2009 Legislative and Judicial Update- Board of Athletic Training*. Presentation at the annual meeting, Athletic Trainers' Association of Florida, Orlando, Florida. (State)

Sehgal, A. K. (presented 2007, October). *Wellness for Women Administrators: Rested and Ready*. Presentation at National Association of Collegiate Women Administrators, National Collegiate Athletic Association, St. Petersburg, Florida. (State)

Sehgal, A. K. (presented 2005). *The Perceived Impact of Impending CAAHEP Accreditation on NCAA College and University Athletic Training Education Programs*. Poster presentation at Educator's Conference, National Athletic Trainers' Association, Montgomery, Texas. (National)

Sehgal, A. K. (presented 1999). *Dermoid Cyst Diagnosis*. Presentation at Atlantic Coast Conference Sports Medicine Meeting, Atlantic Coast Conference Sports Medicine. (Regional)

Sehgal, A. K. (presented 1998). *Black Line Syndrome in a Female Basketball Player*. Presentation at Atlantic Coast Conference Sports Medicine Meeting, Atlantic Coast Conference Sports Medicine. (Regional)

Sehgal, A. K. (presented 1997). *Athletic Training and Physical Education*. Presentation at Florida State University Conference for Educators, Florida State University, Tallahassee, FL. (Local)

Invited Presentations at Symposia

Sehgal, A. K. (presented 2003). The Perceived Impact of Impending CAAHEP Accreditation on NCAA College and University Athletic Training Education Programs. In *Annual Symposium*. Poster presentation at the meeting of Southeastern Athletic Trainers' Association, Atlanta, Georgia. (Regional)

Invited Workshops

Sehgal, A. K. (2006). *Athletic Training and Sports Medicine*. Workshop delivered at Texas College of Chiropractic Medicine, Houston, Texas. (State)

Clinics

Sehgal, A. K. (1997). *Anterior Cruciate Ligament Injury in Female Athletes*. Clinic delivered at Tallahassee Orthopedic Clinic, Tallahassee, FL. (Local)

Sehgal, A. K. (1996). *Athletic Trainers and High School Athletes*. Clinic delivered at Tallahassee Orthopedic Clinics, Tallahassee, FL. (Local)

Sehgal, A. K. (1996). *The Role of the Athletic Trainer Regarding Tennis Injuries*. Clinic delivered at National Collegiate Athletic Association Yes Clinic, Tallahassee, FL. (National)

Sehgal, A. K. (1994). *Athletic Injuries to the High School Female Athlete*. Clinic delivered at Tallahassee Orthopedic Clinic, Tallahassee, FL. (Local)

Service

Florida State University

FSU Department Service

Director, Pre-Health Professions Living Learning Community-Reynolds Hall (2003–present).

FSU Institute or Center Service

Associate Director, Institute of Sports Sciences and Medicine (ISSM) (2011–present).

FSU Program Service

Program Director, Athletic Training Education (1998–present).

The Profession

Service to Professional Associations

Appointed Member, President-Elect, State of Florida Board of Athletic Training (2004–2006).